

Fludrocortisone is a medication that is used to treat postural hypotension in Parkinson's disease and autonomic neuropathies when conservative strategies have been insufficient.

Postural hypotension is a condition where there is a drop in blood pressure upon standing up, leading to symptoms such as dizziness, lightheadedness, and even fainting.

Fludrocortisone is a synthetic steroid that works by increasing the reabsorption of salt and water in the kidneys, which helps to increase blood volume and raise blood pressure. It is usually taken once a day in the morning.

It is important to note that fludrocortisone should only be used under the guidance of a healthcare professional, as it can have side effects such as fluid retention, high blood pressure, and low potassium levels.

Regular monitoring of blood pressure, electrolytes, and kidney function is also important while taking this medication.

Fludrocortisone can be an effective treatment for postural hypotension in Parkinson's disease and autonomic neuropathies, but should only be used under the guidance of a specialist or GP.