

The Cefaly™ device is a non-invasive medical device that is used to prevent and treat migraine headaches. It is a small, portable device that is worn on the forehead like a headband.

The Cefaly™ device works by delivering electrical impulses to the trigeminal nerve, which is thought to be involved in the development of migraines. By stimulating this nerve, the Cefaly™ device can help to prevent or reduce the severity of migraine headaches.

The Cefaly™ device has been shown to be safe and effective in clinical studies. It is recommended for use in adults who have frequent migraines.

The device is easy to use and can be worn for up to 20 minutes per day. It is not recommended for use during a migraine attack, but rather as a preventative measure to reduce the frequency and severity of future attacks.

The Cefaly™ device can be used in combination with other migraine treatments, such as medication, and may be particularly useful for those who experience side effects or are unable to tolerate other treatments.

Before using the Cefaly™ device, it is important to speak with your specialist to determine if it is right for you. They can provide guidance on how to use the device safely and effectively.

It is also important to note that the Cefaly™ device is not a cure for migraines, and it may not work for everyone. However, for those who have found it helpful, it can be a valuable tool in managing their condition.