

Candesartan is a medication that belongs to a class of drugs called angiotensin receptor blockers (ARBs).

It is primarily used for the prevention of migraines. Candesartan works by blocking the effects of a hormone called angiotensin II, which constricts blood vessels and increases blood pressure. By relaxing blood vessels and reducing blood pressure, candesartan can help prevent migraines.

The usual starting dose of candesartan for migraine prevention is 4 mg once a day. This may be increased to a maximum of 32 mg per day. Candesartan is usually taken orally and can be taken with or without food. It is important to take candesartan regularly and at the same time every day to ensure maximum effectiveness.

Candesartan is generally well-tolerated. Common side effects of candesartan include dizziness, fatigue, headache, and nausea. These side effects are usually mild and go away on their own. Serious side effects are rare, but may include allergic reactions, low blood pressure, and kidney problems. If you experience any of these serious side effects, seek medical attention immediately.

Candesartan may interact with other medications, including diuretics and other blood pressure medications. It is important to let your specialist know about all medications, vitamins, and supplements you are taking before starting candesartan.